PATENT Attorney Docket No(s). 3000177-7034992001

AMENDMENT TO THE ABSTRACT

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Please amend the Abstract as follows.

NOV 1 5 2006

An ingredient for a microwaved food item, an ingredient and food item combination, and a method of preparing an ingredient. The ingredient includes a gelatinous base and one or more additives that are mixed with said the gelatinous base to form a mixture. When heated in a microwave oven, the mixture releases steam with the one or more additives onto the food item to add flavorings, aromas and/or colorings to the food item.